

TICKETS INFORMATION #790-6610

MULTI-SERVICE SENIOR CENTER
40086 PASEO PADRE PARKWAY
FREMONT, CA 94538

www.fremont.gov



MEALS ARE COOKED ON SITE



LUNCH: 12:00 NOON

Members: \$4:00 Non-Members: \$7.00

LUNCH JUNE 2005

Please speak to the Chef before 10am for special dietary needs.

OFFICE # 790-6600

*Vegetarian Option Available

To Go Tickets Must Be Deposited At The Large Kitchen Window Immediately After Purchase

SOLD:

FIRST-COME, FIRST-SERVED NO REFUNDS, NO EXCHANGES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Beef Stroganoff Over Noodles, Vegetable Salad, Roll Dessert	Grilled Calamari With Lemon & Caper Butter Rice Pilaf, Vegetable Salad, Roll, Dessert	Philly Cheese Steak Tater Tots Cole Slaw Dessert
6	7	8	9	Birthday Party 10
Beef Or Vegetable Lasagna, Vegetable Caesar Salad Roll, Dessert	Chicken Crepes With Cream Sauce Rice Pilaf, Vegetable Salad. Roll, Dessert	Honey Mustard Glaze Chicken, Vegetable Multi Grain Pilaf, Salad Roll, Dessert	Spaghetti With Meat Sauce, Vegetable Salad, Roll Dessert	Grilled Salmon, Salad Rosemary Steamed Potatoes, Vegetable Roll, Dessert
Garlic Chicken, Salad Rice Pilaf, Vegetable Roll, Dessert	Pot Roast With Vegetables & Potatoes Salad, Roll Dessert	Crab Cakes, Cole Slaw Vegetables, Tater-Tots Roll, Dessert	Pork Loin, Gravy Mashed Potatoes Vegetable, Salad Roll, Dessert	Father's Day \$5-\$7- 17 Rib Eye, Vegetable Baked Potato, Salad Roll, Dessert
Roasted Leg Of Lamb Red Potatoes, Salad Vegetable, Roll, Dessert	Chicken Parmesan Over Pasta, Vegetable Salad, Roll Dessert	Grilled Chicken Caesar Salad, Vegetable Roll, Dessert	Baked Snapper, Salad Caper Sauce Rice Pilaf, Vegetable Roll, Dessert	Turkey Sandwich Mashed Potatoes Gravy, Vegetable, Cranberry Sauce, Salad, Dessert
Tri-Tip, Baked Potato Vegetable, Salad Roll, Dessert	Mushroom & Asparagus Fettuccini Or Chicken Fettuccini, Vegetable Caesar Salad, Roll Dessert	Chicken Enchilada Mexican Rice, Refried Beans, Fiesta Corn Salad, Dessert	Meat Loaf, Vegetable Mashed Potatoes Gravy, Salad, Roll Dessert	July 1 st Grilled Salmon Rice Pilaf, Vegetable Salad, Roll, Dessert

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF FOODS. Please Note: If you take food home with you from the meal site, it is done at your own risk. Be sure to eat food or refrigerate it within 30 minutes of leaving the site. Reheat in a 350 degree oven until bubbly for 5 minutes. Discard any food left after 3 days.